

Give Thanks 4

Thanksgiving Day

**A 4 Mile Run
November 23, 2017
Mitchell, Indiana
8 a.m. E.S.T.**

Information

What a better way to start your Thanksgiving feast than to **run or walk 4 miles** through the city of Mitchell?

The run is made possible by the *ReGeneration Store* and *Capstone Ministries*. The proceeds from the Give Thanks 4 go to local ministries providing assistance to those in need.

Race headquarters, start, and finish are located at the Mitchell Church of Christ, 1004 W. Main Street. Come to the stoplight in Mitchell on highway 37 and turn east. The church is approximately one mile from the light, on the south side of the street.

The course begins and ends on Main Street in front of the Roxy's Variety Store. It winds its way through the city and includes a trip in front of Mitchell High School and allows participants to enjoy Rabbitsville Road, Doc Hamilton Boulevard, and Teke Burton Drive, before a fast finish down Main Street.

T-Shirt & Awards

All pre-registered participants receive a t-shirt. Some shirts will be available for race-day registrations but not guaranteed. Please pre-register.

Trophies to overall male and female winners, plaques to age group winners; numbers in parentheses indicate number of plaques for each age group.

Age Groups: M/F:0-9, (3/3); 10-14, (3/3); 15-19, (3/3); 20-24, (3/3); 25-29, (3/3); 30-34, (3/3); 35-39, (3/3); 40-44, (3/3); 45-49, (3/3); 50-54, (3/3); 55-59, (3/3); 60-64, (3/3); 65-69, (3/3); 70-74 (3/1), 75 and up (3/0).

First Name _____ Last Name _____
Sex _____ Age _____ E-mail _____
Street Address _____
City _____ State _____ Zip _____ Phone _____
Date of birth _____ T-shirt size: S M L XL

Waiver

By entering this event, I acknowledge the following: I know that participating in this event is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that although police and volunteer protection and support will be provided, there will be traffic on the course route. I assume the risk of traffic. I also assume any and all risks associated with participation in this event. I agree to abide by the instructions or directives of all representatives of the law enforcement agencies and all persons otherwise acting in the role of safety personnel. While on the course I will yield right-of-way to all emergency vehicles. I waive and release any and all claims and damages against Capstone Ministries, the race director, all contracted service providers, and all sponsoring businesses and organizations for any injuries suffered during this event. No Refunds!

Signature _____ Date _____

If under 18, parent must also sign _____

The **Give Thanks 4** is a *Magnificent 7* Race! Register online at <http://www.mag7raceseries.com> or complete the form and mail to:

ReGeneration
701 W. Main Street
Mitchell, IN 47446

Make checks payable to: **Give Thanks 4**.

Enclose \$20 per entry along with a completed entry form and signed waiver (parent must sign if entrant is under 18). If sent after November 20, or for race day registration, the entry fees are \$25 per individual.

Packet pickup will be at the Mitchell Church of Christ, 1004 W. Main Street, Mitchell from 6.30 a.m. on race day. Late registration will also be available until 7.30 a.m.

Note to walkers

There will awards for the top 5 finishers for males and females. All others, including non-competitive walkers, are welcome also! We must close the course around 9 a.m. We have added a 2 mile non-competitive walk! If you don't have the time to walk 4, then walk 2 and receive all the same race benefits (shirts, refreshments, encouragement, etc.).



Mission Statements

ReGeneration, a non-profit thrift store, sells donated household furnishings and clothing to support Capstone Ministries' efforts to serve people in need.

Capstone Ministries, a 501(c)(3) non-profit Christian organization, exists to partner with the community to serve people in need.