

Boys and Girls Club
Of
Lawrence County

Limestone 5K Scholarship Run and Kids' Races

July 15, 2017
Saturday, 8:00 am 5K Run & Walk
Children's 200m, 400 m, 800m to follow

Registration 6:30-7:45 am

Welcome to the 42nd annual
Limestone Run Road Race

One of the oldest races in the southern half of the state, The Limestone 5K has a long history of producing challenging competition and fast times.

The course begins and ends at Parkview Track, touring a very flat residential neighborhood. The spectators are treated to the final quarter mile, which takes place on the track. Kick it in, this is a P.R. course!

The kids' races occur on the track, so the whole family can root for their favorite youngster as they push for victory. In addition, every child receives a ribbon, and the top three runners in each category, both male and female, receive plaques.

Boys and Girls Club of Lawrence County
2009 19th Street
Bedford, IN 47421
(812) 279-6123
www.bgclawco.org

Location

From north or south of Bedford: take the 16th Street exit (near the large American flag) and head east to the 4th light. Turn right on Brian Lane Way. Track is on the right side of the street.

From east: follow U.S. 50 west into town, turn right at the 16th Street intersection. Travel to the 2nd light and turn left. Track is on the right side of the street.

Race headquarters located in Girls' Club building adjacent to track.

Awards

Age Group- M/F:0-14, 3/3; 15-19, 3/3; 20-24,3/3; 25-29, 3/3; 30-34, 3/3; 35-39, 3/3; 40-44, 3/3; 45-49, 3/3; 50-54, 3/3; 55-59, 3/3, 60-64, 3/0; 65-69, 3/0; 70-up, 3/0

Trophies to overall male and female winners in 5K Run, plaques to age group winners, and to winners of male and female walk.

Kids' Races

Age Group— M/F: Pre-K (200m)-3/3; K-2 (400m)-3/3; 3-5 (800m)

Entries

Enclose \$17 per entry along with a completed entry form and signed waiver (parent must sign if entrant is under 18).

If sent after 7/10/2017 or for race day registration, the entry fees are \$22.

Make checks payable to: **Boys and Girls Club of Lawrence County**

Send Registration:

Dr. Jim I. Sowders
1615 O Street
Bedford, IN 47421
Phone: (812) 275-6155
E-mail: j.sowders@comcast.net

It's a Magnificent 7 Race!

That's right, the Limestone Klassic is a Mag 7 race, in fact it's #11 on the list. Don't miss one of the oldest races on the circuit!

Check Events: 5K Run ___ 5K Walk ___ Youth ___

First Name _____ Last Name _____

Sex _____ Age _____ E-mail _____

Street Address _____

City _____ State _____ Zip _____ Phone _____

Team Name _____ DOB _____ T-shirt **S M L X-L**

Waiver

By entering this event, I acknowledge the following:

I know that participating in this event is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that although police and volunteer protection and support will be provided, there will be traffic on the course route. I assume the risk of traffic. I also assume any and all risks associated with participation in this event. I agree to abide by the instructions or directives of all representatives of the law enforcement agencies and all persons otherwise acting in the role of safety personnel. While on the course I will yield right-of-way to all emergency vehicles. I waive and release any and all claims and damages against the Limestone Girls Club, the race director, all contracted service providers, and all sponsoring businesses and organizations for any injuries suffered during this event. No Refunds!

Signature _____ Date _____

If under 18, parent must also sign _____

*Proceeds from this race will
provide scholarships for members
of the Boys and Girls Club of
Lawrence County.*

*Every entry helps a child! If you would like to donate
now let us know!*